

4-DAY ADVENTURE

## EXTREME ADVENTURES IN DUBAI

United Arab Emirates



For those seeking an adrenaline hit, this 4 day trip packs the best of Dubai's extreme adventures into an unforgettable long weekend. Cruise across the water, seeing Dubai from a unique vantage point as you jet ski around the marina before drying off on a thrilling buggy ride, ricocheting you through the desert dunes. An evening adventure into the depths of the desert will see you taking a 4x4 to a secluded Bedouin desert camp where a delicious traditional BBQ awaits as you watch the sun melt into the horizon. Then top off the weekend flying through the skies as you take on the Worlds Longest Urban Zipline! The perfect way to get psyched ready for your onwards challenge!

## TRIP HIGHLIGHTS

- Cruise across Dubai Marina on a jet ski
- Race through the desert dunes on a thrilling buggy ride
- Spend the evening BBQ'ing in a traditional Bedouin camp
- Take on the World's Longest urban zipline across the marina waters



# ITINERARY

## DAY 1

### WELCOME TO DUBAI!

Welcome to the UAE! On arrival in Dubai, a member of the Emirates Mahaba team will be waiting to fast track you through airport proceedings and onto your driver just outside the main doors. They will then transfer you to your hotel, where you will have time to relax and explore the city before meeting your representative this evening.

Transport: **Private transfer**

Accommodation: **Hotel**

## DAY 2

### JET SKIS AND DUNE BUGGIES

This morning gets the adrenaline pumping as we fly across Dubai Marina on a private jet ski tour. Gaining a unique perspective of Dubai's hotspots, we escape the crowds and the heat out in the open ocean. We return to dry land for some lunch, before meeting our driver at 3pm and heading out into the desert dunes. Here the thrills continue as we climb into our dune buggies and forge our way across the desert sands. Set in the heart of the Dubai Desert Conservation Reserve, we continue our desert experience spending the evening watching the sunset, spotting Arabian Oryx and Gazelle roaming in their natural habitat, and indulging in a delicious BBQ dinner in a traditional Bedouin setting.

Transport: **Private transfer, 4x4**

**Vehicle**

Accommodation: **Hotel**

Meals included: **Breakfast / Dinner**

## DAY 3

### ZIPLINE ACROSS DUBAI MARINA

Continuing our exhilarating weekend of adventure we spent today flying through the sky across Dubai Marina. Taking on the World's Longest Urban Zipline, we drop a whopping 170m and reach speeds of up to 180km/h! The rest of our day is free to explore the sights of Dubai; visit the iconic Dubai Mall, climb to the top of the Burj Khalifa or head to the beach for a sunbathe.

Transport: **Private transfer**

Accommodation: **Hotel**

Meals included: **Breakfast**

## DAY 4

### DEPARTURE

This morning we wave goodbye to the bright lights of Dubai and continue our onwards journey. Transfer to airport in time for your flight.

Meals included: **Breakfast**

# TRIP INFORMATION

## DIFFICULTY

This trip takes on some exciting adventures which require certain levels of fitness. You will be spending some of your time inside a 4x4 safari vehicle and dune buggies which will be driving over uneven ground and manoeuvring a jet ski at speed, and you will need to have full mobility and a good level of fitness to do these activities. You should also remember that you will be partaking in physical exercise in hot weather, so be sure to drink plenty.

## FOOD & DRINK

Whilst staying in hotels, breakfasts will be taken at the hotel restaurant. The Arabians are known for producing a great continental breakfast, so expect a wide range of options from classic Eastern dishes including flat breads, hummus, yoghurt, dates and jams to more western cuisine.

Lunches are not included on this trip so head out into the city and find a nice restaurant to sample some Arabian cuisine. Expect a selection of traditional breads, pastries, fruit, vegetables, stews etc. Please remember to be careful when choosing what you eat, especially if choosing cold salads that have been freshly washed.

Evening meals on your first two nights are to be taken at your own leisure. You may choose to eat in the hotel restaurant or at one of the many restaurants looking out over Dubai marina. On your evening in the desert a delicious BBQ dinner will be provided. You can expect an array of grilled chicken and lamb, along with rice, fresh vegetables and salads. Soft drinks are included here, but any alcoholic drinks will need to be purchased. We can cater for most dietary requirements on request.

Please be aware that the water in Dubai is not drinkable. Whilst in the city, bottled water can be purchased in shops or at your hotel, but it is not as readily available in the desert. Here, bottled water will be provided as part of your meal inclusions.

## ACCOMMODATION

Your full day by day itinerary shows what is included in terms of hotel accommodation and meal basis. All of our accommodation is based at Dubai marina in comfortable 4\* hotels in ensuite rooms. Where your hotel basis is B&B, you can either purchase snacks or meals at the hotel, which can be paid for by card or in cash (AED). All our hotels have bars and restaurants that offer a wide range of options foodwise and are able to accommodate all dietary requirements, should you choose to eat at the hotel.

Check in time will be after 2:00 pm. If you arrive on an early flight into Dubai, you may have to wait until this time for your room to be available, however you will be able to leave bags safely at the hotel or use the facilities prior to this time.

## YOUR GUIDE

Your representative for the weekend will meet you at your hotel on the evening of your arrival day, where they will answer any questions you may have. If you are arriving on a late flight, you will meet them on the morning of Day 2.

## HOW DO I GET THERE?

Dubai International Airport is an international hub and so is easily accessible from most airports. Emirates fly direct to Dubai from all the major UK hubs including Manchester, London Heathrow, Birmingham and Glasgow. British Airways also offer direct flights from London Heathrow. Although not direct, Qatar offer flights from all these hubs with a stop in Doha on route and KLM offer flights via Amsterdam.

From the US, Emirates again offer direct flights from all major hubs including, New York, Miami, Dallas and Los Angeles. KLM and Delta are also offering flights via Amsterdam from New York, Atlanta and Los Angeles.

Upon arriving at the airport terminal, a member of the Emirates Marhaba team will be waiting for you with a named sign and they will fast track you through immigration and security, before assisting you to baggage claim then on to your driver outside the main doors. Your driver will be outside these doors, holding a 'Kandoo Adventures' sign. The address of your hotel is on your trip itinerary.

## BUDGET & CHANGE

The United Arab Emirates Dirham (AED ﷵ) is an open currency so you will be able to buy this before you arrive. Alternatively, you can travel with US Dollars, and exchange these upon arrival. It is very important that US bills be new (no more than 10 years old), crisp and untornd. Dubai is becoming increasingly cashless, however we would recommend travelling with some cash for tipping and buying small items in markets and local shops. If you are relying on a credit or debit card for emergency funds, make sure you tell your card issuer that you will be using it abroad, or you may find that it won't work when you really need it.

## TIPS

Tipping when you are satisfied with the service you have received is customary in the UAE. However, it is not mandatory and should be left to the discretion of each individual. Generally a 10% tip for guide and activity services and 10-15% in restaurants is considered to be appropriate.



# FORMALITIES & HEALTH

## PASSPORT

Please double check that your passport is valid for 6 months beyond the date of arrival into the UAE.

Please note that the local government have imposed a rule that all passports must have an assigned gender (M or F). We recommend that you take a photocopy of your passport and keep it separate from the original, as this will be useful if the original is lost while you are travelling. If your passport has sustained any damage, please check with your passport office to see if it should be replaced. Your airline may refuse to allow you to board if they think UAE Immigration will not accept your damaged passport.

## VISA

Most visitors to Dubai (including nationals from the UK, Europe, USA and Australia) require a tourist visa to enter the UAE. These will be issued upon arrival in the UAE. You will need at least one blank visa page in your passport. Some countries not mentioned above, will need to apply for a visa prior to entering the UAE so please check with your local embassy should this be the case.

Citizens of Gulf Cooperation Council countries do not require a paid visa, but will need to apply for a free eVisa instead. Visas take approximately 48 hours to be issued and are only valid for 60 days from the date of issue, so do not apply for your visa too early.

## VACCINATIONS

Below we have set out what is the general guidance for travel to UAE. We strongly advise you to consult with your own GP or travel clinic near you before travelling. They will have the most up to date and medically accurate information relevant to you, and should be relied upon over these recommendations.

### Strongly Advised Vaccinations

- Hepatitis A, Hepatitis B, Tetanus, Typhoid and Diphtheria
- Yellow Fever: This can be contracted by being bitten by a contaminated mosquito. This vaccination is not essential if you are arriving directly in the UAE. You do need it though if you plan to arrive through any country that is subject to yellow fever. Simply stopping over at an airport in an affected country should not require vaccination, but leaving the airport even briefly would make it necessary.

## INSURANCE

Before you can join any Kandoo Adventure, you will need to insure yourself against accident, injury, and illness.

Your insurance must cover the cost of evacuation and repatriation if necessary. It is your responsibility to ensure that you are fully and adequately insured for the duration of your trip. Please ensure that all activities, excursions and destinations in your itinerary are included in your travel insurance policy, in addition to your regular cover for cancellation and medical expenses.

We ask that you keep a copy of your policy summary (containing policy number and the emergency contact number for your insurer) in your day sack at all times, so that we can access this information should we need to contact the insurer on your behalf.

Make sure to choose the correct policy for the activities you are participating in. Be sure to read the small print carefully for any policy you are considering - different policies provide different levels of cover, so make sure you understand what is and isn't included in your policy.

## HEALTH

### Dehydration

You can easily become dehydrated when exercising in hot climates. Where you will be exerting yourself, and sweating, as a result, you'll have to drink much more water than you normally would, and you should try to drink at least 3 litres of fluids every day to stay hydrated. Even when you don't feel thirsty you should try to drink this amount as a minimum.

### Sunburn and UV Protection

The three most important things you can do to avoid sunburn are:

- Apply SPF 30 or higher sunscreen to your face, nose and ears at least 30 minutes before going out into the sun, and reapply regularly. High SPF lip balm is also a must.
- Wear a wide-brimmed hat that shades your face, nose and ears.
- Wear UV-protective sunglasses, category 2-4.

## MINIMUM AGE LIMIT

In Dubai some of the activities we partake in have specific minimum age limits. These are as follows:

Zipline - minimum age 12 years old

Jet ski - the minimum age to drive a jet ski is 14 years old. A child from 5-13 years old can sit as a passenger along with an adult

Dune Buggies - the minimum age to drive a dune buggy is 16 years old, and the driver must possess a valid driver's license from their home country. The minimum age for passengers is 6 years old seated alongside an adult

# EQUIPMENT & CLOTHING

## CLOTHING TO BRING

We recommend bringing lightweight clothing including comfortable walking shoes such as trainers or walking sandals. Due to the conservative local culture in Dubai, please ensure you have modest dress - make sure shoulders and knees are covered and women will need a scarf or similar to be respectful when visiting religious buildings. Transparent or tight-fitting attire is also not permitted, as well as clothing featuring cartoon character images.

Temperatures in the UAE can fluctuate quite quickly, particularly in the desert, so please also bring a warm layer for your Evening Desert Safari as you may find once the sun goes down the temperatures become much cooler. You will also need to pack swimwear including a t-shirt and shorts to both protect you from the sun and ensure your modesty whilst using the jet skis.

## EQUIPMENT TO BRING

The sun in the UAE can be very intense so we recommend bringing sun cream and a sun hat to keep you protected whilst out on your activities and a water bottle to stay hydrated. A pair of sunglasses may also come in handy.



# HOW TO BOOK THIS TRIP

## **1 CHOOSE YOUR DATE AND CHECK AVAILABILITY**

A full list of available dates can be found on our website.

## **2 CONTACT US**

Contact us by phone, email or through our website. We will answer any questions you may have and send you a personalized itinerary and quote.

## **3 COMPLETE BOOKING AND PAYMENT**

When you are ready to book, we will send you a link to our online booking forms and participation agreements. We accept all major credit and debit cards and require a low 20% deposit to secure your place.

